**Little Acorns Menu Week 1**



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| Monday | Tuesday | Wednesday | Thursday | Friday |
| Wholegrain cerealFruit | Wholegrain cerealFruit | Wholegrain cerealFruit | Wholegrain cerealFruit | Wholegrain cerealFruit |
| Breadsticks/Crackers | Wholegrain Crackers | Breadsticks/Crackers | Oatcake | Wholegrain Crackers |
| Spaghetti bolognaise with wholegrain pasta (with fresh tomatoes and sweetcorn)  | Cauliflower mac and cheese with salad | Mixed bean and root vegetable soup (with 2 portions of veg per bowl) with wholemeal bread  | Baked cheese and tomato and pepper risotto | Posh fish fingers, chips and peas and sweetcorn |
| Fruit break | Fruit break | Fruit break | Fruit break | Fruit break |
| Afternoon TeaBeans on toast with cheese  | Afternoon TeaChicken pitta with carrot sticks  | Afternoon TeaHomemade hummus, pasta twists carrot sticks, chopped peppers and yoghurt dip  | Afternoon TeaSalmon tacos with wholemeal wraps, cucumber and celery sticks | Afternoon TeaHam sandwiches with chopped apple, carrot sticks and yoghurt dip  |